

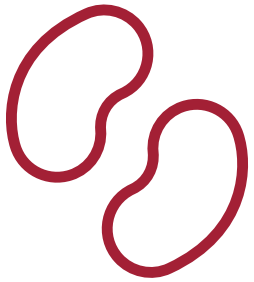


**4Life**

## Food supplement with chitosan and white kidney bean extract

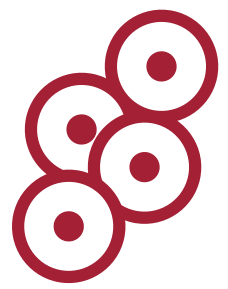


**Chitosan**

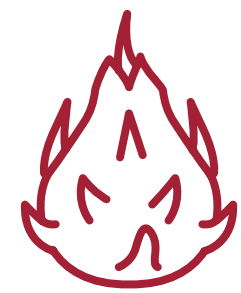


**White kidney bean extract**

*Phaseolus vulgaris*



**Yeast Extract**  
*Saccharomyces cerevisiae*



**Dragon fruit extract**

*Hylocereus undatus*

# CHITOCARB BLX™

Specially formulated for occasions  
that involve food that does not fit into  
your transformation plan.

## METABOLISM IN WEIGHT CONTROL

Weight control depends mainly on the balance between food intake and energy expenditure.

But there are also very important factors such as appetite, how we digest and absorb certain nutrients such as carbohydrates and fats.

The level of **sugar** (glucose) in our blood influences our appetite. If our blood sugar levels are out of balance, we may have a greater feeling of appetite and this feeling may lead us to eat more than necessary.

The more **fat** we absorb from food through our small intestine, the more fat the body has available to use as fuel or to store.

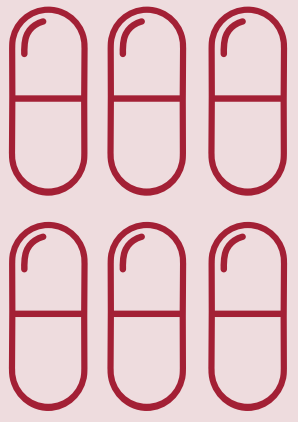
The amount of carbohydrates we take in and absorb affects our weight because if we don't burn the energy these nutrients provide, we will end up accumulating it.

## When to take ChitoCARB BLX?

- Friends and family celebrations.
- Business meals.
- Trips where we do not know when to eat and how the food will be.
- Visits to restaurants or countries with a gastronomic culture based on hearty dishes.

 **90**  
CAPSULES

 **48,15 g**  
NET WEIGHT



**TAKE 3-6 CAPSULES WITH 240 ML OF WATER  
30 MINUTES PRIOR TO A HIGH FAT OR HIGH  
CARBOHYDRATE MEAL.**

## NUTRITIONAL INFORMATION

Daily dose size 6 capsules

Daily doses per container 15

## INGREDIENTS:

Chitosan (**crustaceans**), glazing agent (hydroxypropylmethylcellulose), anti-caking agent (calcium phosphate), white kidney bean (*Phaseolus vulgaris*) extract, yeast (*Saccharomyces cerevisiae*) extract, dragon fruit (*Hylocereus undulates*) extract, and water.

Amount per daily dose		%RI*
Chitosan	1200 mg	-
White bean	270 mg	-
Yeast Extract	250,2 mg	-
Dragon Fruit	199,8 mg	-

\*RI: Reference Intakes





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**Warnings:** Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Excessive consumption can cause intestinal discomfort. **People suffering from epilepsy and those taking coumarin anticoagulants should not use this product. Avoid consumption along with medications.** There should be a gap of at least 3–4 hours between consuming the product and taking medication.

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4Life® products are not intended to diagnose, treat, cure, or prevent any disease.

Nutrition declarations approved for Europe.

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