

ENERGY TROPICAL

Go Stix™

ACTIVE LIFE

Food supplement with caffeine and plant extracts that help boost concentration, alertness and physical and mental performance.

Do you need an "extra" dose of energy at certain times (work meetings, while travelling, exams)?

Would you like to greet the day with greater physical and mental equilibrium?

With Energy Go Stix you have guaranteed energy to handle even the most intense days!



15 x 5 g Sachets – Net Weight 75 g

To perform well, our body has to be in good physical and mental condition.

In order to have sufficient energy, our body must know how to "metabolise" the nutrients that give us energy (macronutrients - carbohydrates, fats and proteins) correctly.

Our state of alertness and concentration are crucial for organisation, making decisions or problem-solving at work and when studying.

Energy Go Stix Tropical is a drink with ingredients that boost our physical and mental energy..

What does Energy Go Stix Tropical provide?

Vitamin A aids the **normal metabolism of iron*** and the normal functioning of the **immune system**.

Chromium aids the **normal metabolism of macronutrients** and helps maintain normal levels of **glucose in the blood****

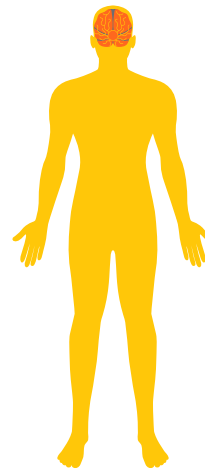
Caffeine helps to improve **concentration** and increase **alertness**.

Brain

Stress^{1;2;4}
Concentration^{2;5;6;7}
Mental performance^{1;2;3;4}
Cognitive activity^{4;5}
Adaptogenic capacity^{1;4}
Alertness^{2;5;6;7}
Mental fatigue⁵

Body

Recovery¹
Tiredness – Physical fatigue^{1;5;6}
Fat metabolism^{2;6}
Glucose metabolism of ******⁵
Physical performance³
Vitality^{3;5}
Endurance^{3;4;5}



1
Siberian ginseng
(*Eleutherococcus senticosus*)



2
Guarana
(*Paullinia cupana*)



3
Maca
(*Lepidium meyenii*)



4
Rhodiola
(*Rhodiola rosea*)



5
Korean ginseng
(*Panax ginseng*)



6
Yerba mate
(*Ilex paraguariensis*
A. St.-Hil)



7
Green tea
(*Camellia sinensis*)

Iron is one of the minerals that contributes to normal energy metabolism.

** Glucose is an important source of energy for most body cells, including those in the brain.

Warnings: consult your doctor or pharmacist if you are taking treatment for diabetes. CONTAINS CAFFEINE (85 mg/SACHET). NOT RECOMMENDED FOR CHILDREN OR PREGNANT WOMEN. Dietary supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. KEEP OUT OF THE REACH OF CHILDREN. Do not give to children. Store in a cool dry place.

4Life®

4Life® products are not intended to diagnose, treat, cure or prevent any disease.

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INGREDIENTS: Maltodextrin, taurine, green tea leaf extract (*Camellia sinensis*), L-arginine, L-glutamine, acidity regulator (malic acid), natural mango aroma, yerba mate leaf extract (*Ilex paraguariensis*), creatine, natural aroma similar to passion fruit, beta-carotene, anti-caking agent (silicon dioxide), acidity regulator (citric acid), natural passion fruit aroma, L-ornithine alpha-ketoglutarate, L-carnitine, Siberian ginseng root extract (*Eleutherococcus senticosus*), guarana seed extract (*Paullinia cupana*), maca root extract (*Lepidium meyenii*), 4Life Transfer Factor™ (colostrum (**milk**) and egg **yolk**), sweetener (sucralose), cherry extract, natural pineapple aroma, *Rhodiola rosea* root extract, American ginseng root extract (*Panax quinquefolium*), Korean ginseng root extract (*Panax ginseng*), sweetener (acesulfame K) and chromium nitrate.

Contains the amino acids: taurine, L-Arginine, L-Glutamine, L-Carnitine and creatine and 50 mg of 4Life Transfer Factor™ per sachet.

INSTRUCTIONS: Mix 1 sachet with 240 ml of water, once a day. You can take it when you need an extra boost or before your exercise routine. Avoid taking it during the 6 hours prior to your usual time of going to bed.

**Low energy input • Still • Pleasant taste
Easy to prepare • Easy to carry and share**

Nutritional Information		
Daily dose: One (1) sachet		
Daily doses per pack: 15		
Amount per daily dose		%NRV*
Calories	15 Kcal	0.75%
Total carbohydrates	3 g	1.15%
Vitamin A	200 µg	25%
Chromium	25µg	62.5%
Taurine	200 mg	-
Green tea	200 mg	-
Caffeine	13 mg	-
L-Arginine	200 mg	-
L-glutamine	200 mg	-
Yerba Mate	140 mg	-
Caffeine	42 mg	-
Creatine	125 mg	-
L-ornithine alpha-ketoglutarate	75 mg	-
Carnitine	75 mg	-
Siberian ginseng	75 mg	-
Guarana	60 mg	-
Caffeine	30 mg	-
Maca	50 mg	-
Rhodiola	37 mg	-
Colostrum	35 mg	-
American ginseng	25 mg	-
Korean Ginseng	25 mg	-
Egg yolk	15 mg	-

***NRV: Nutrient Reference Values**



Enjoy a healthy lifestyle with other 4Life products in accordance with your nutritional goal

SPORTSPEOPLE: Glutamine Prime™, Fibro AMJ™ and Renuvo™.

WEIGHT CONTROL: 4LifeTransform BURN™, Super Detox™, Fibre System Plus™.

COMPLEMENT YOUR DIET:

Women: Belle Vie™ and 4LifeTransform™ Woman.

Men: MalePro™ and 4LifeTransform Man.

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