

Food supplement with glutamine

Do you focus on keeping your muscle mass?

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Do you need to boost the antioxidant mechanisms of your body?

When we exercise, our muscle fibers suffer and a certain amount of protein—which is valuable to our muscles—gets destroyed.

What Glutamine Prime offers

L-glutamine and arginine are two amino acids with muscle-maintenance effects.

Our body generates lipoic acid and N-acetylcysteine, which create energy and have antioxidant mechanisms.

INGREDIENTS: L-glutamine, stabilizer: gelatin (capsule cover), L-arginine, N-acetyl-L-cysteine, anti-caking agent: microcrystalline cellulose, alpha-lipoic acid, stabilizer: water, anti-caking agent: stearic acid and colostrum (**milk**).

Nutritional information

Daily dose: Four (4) capsules

Daily doses per container: 30

Amount per daily dose	% RI*
L-glutamine	1,600 mg -
L-arginine	240 mg -
N-acetyl-L-cysteine	160 mg -
Alpha-lipoic acid	60 mg -
Colostrum	20 mg -

*RI: Reference intake

DIRECTIONS: Take four (4) capsules daily with 8 oz (240 ml) of fluid. For best results, take 2 capsules in the morning and 2 capsules in the evening.



120 CAPSULES • NET WEIGHT: 77.64 g



Supplement a healthy lifestyle with other 4Life products according to your nutritional goal

ATHLETES: PRO-TF™, 4LifeTransform Burn™, Fibro AMJ™, Renuvo™, and Energy Go Stix™.

WEIGHT CONTROL: 4LifeTransform Burn™, Superdetox™, Nutrastart™ (as an alternative to a conventional meal), PRO-TF, RiteStart™, and Renuvo.

FOOD SUPPLEMENTATION:

Women: RiteStart, Belle Vie and 4LifeTransform Woman

Men: RiteStart, MalePro™ and 4LifeTransform Man.

WARNINGS: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. KEEP OUT OF REACH OF CHILDREN. Store in a cool and dry place.