



Food supplement with chitosan and white kidney bean extract



Chitosan



White kidney bean extract
Phaseolus vulgaris



Yeast Extract
Saccharomyces cerevisiae



Dragon fruit extract
Hylocereus undatus

CHITOCARB BLX™

Specially formulated for occasions that involve food
that does not fit into your transformation plan.

4LIFETRANSFORM

CHITOCARB BLX™

METABOLISM IN WEIGHT CONTROL

Weight control depends mainly on the balance between food intake and energy expenditure.

But there are also very important factors such as appetite, how we digest and absorb certain nutrients such as carbohydrates and fats.

The level of **sugar** (glucose) in our blood influences our appetite. If our blood sugar levels are out of balance, we may have a greater feeling of appetite and this feeling may lead us to eat more than necessary.

The more **fat** we absorb from food through our small intestine, the more fat the body has available to use as fuel or to store.

The amount of carbohydrates we take in and absorb affects our weight because if we don't burn the energy these nutrients provide, we will end up accumulating it.



90
CAPSULES

48,15 g
NET WEIGHT

DIRECTIONS:

Take 3-6 capsules with 240 ml of water 30 minutes prior to a high fat or high carbohydrate meal.

NUTRITIONAL INFORMATION:

Daily Dose Size 6 capsules

Daily doses per container 15

Amount per daily dose		%RI*
Chitosan	1200 mg	-
White bean	270 mg	-
Yeast Extract	250,2 mg	-
Dragon Fruit	199,8 mg	-

*RI: Reference Intakes



When to take ChitoCARB BLX?

- Friends and family celebrations.
- Business meals.
- Trips where we do not know when to eat and how the food will be.
- Visits to restaurants or countries with a gastronomic culture based on hearty dishes.

INGREDIENTS :

Chitosan (**crustaceans**), glazing agent (hydroxypropylmethylcellulose), anti-caking agent (calcium phosphate), white kidney bean (*Phaseolus vulgaris*) extract, yeast (*Saccharomyces cerevisiae*) extract, dragon fruit (*Hylocereus undulates*) extract, and water.



Warnings: Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Excessive consumption can cause intestinal discomfort. **People suffering from epilepsy and those taking coumarin anticoagulants should not use this product.** **Avoid consumption along with medications.** There should be a gap of at least 3–4 hours between consuming the product and taking medication.