

Food supplement with caffeine and plant extracts that help improve concentration and alertness.

Do you need a boost for your workout?

Would you like to improve your running pace?

Do you need extra energy for specific commitments (e.g. work meetings, trips, exams)?

With Energy Go Stix you'll have plenty of energy to overcome even the most intense and challenging days!



30 x 5-g packets – Net weight 150 g

To perform well, our body needs to be in good physical and mental conditions.

Furthermore, in order to get enough energy, our organism has to know how to “metabolize” the nutrients that provide us with that energy —namely, macronutrients like carbohydrates, fats, and proteins—.

Our alertness and concentration will be key during challenging workouts, competitions or for us to effectively use our organization, decision-making or problem-solving skills both at work and in our studies.

WHAT ENERGY GO STIX BERRY OFFERS

Energy Go Stix Berry is an energy drink with ingredients that boost our physical and mental energy.

Caffeine helps to improve **concentration** and to increase **alertness**.

It contains amino acids: taurine, L-arginine, L-glutamine, as well as 25 mg of 4Life Transfer Factor™ per daily dose (half packet of Energy Go Stix Berry).



Brain

Stress¹
Concentration^{1,2,3}
Mental performance¹
Alertness^{1,2,3}

Body

Tiredness - Physical fatigue²
Fat metabolism^{1,2}



1
Guarana
(*Paullinia cupana*)



2
Yerba mate
(*Ilex paraguariensis*
A. St.-Hil)



3
Green tea
(*Camellia sinensis*)

Warnings: HIGH CAFFEINE CONTENT (105 MG PER PACK). NOT RECOMMENDED FOR CHILDREN OR PREGNANT WOMEN. Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. KEEP OUT OF REACH OF CHILDREN. Do not administer to children. Store in a cool and dry place.

INGREDIENTS: Isomaltulose, acidity corrector (citric acid), L-glutamine, taurine, raspberry flavor, vanilla flavor, green-tea leaf extract (*Camellia sinensis* L. Kuntze), L-arginine, strawberry flavor, yerba-mate leaf extract (*Ilex paraguariensis* A. St.-Hil), blueberry flavor, anti-caking agent (silicon dioxide), colorant (beet red), sweetener (sucralose), guarana grain extract (*Paullinia cupana* Kunth., Bonpl. et Kunth), colorant (carotenoids), 4Life Transfer Factor™ Formula (obtained from cow colostrum [milk] and egg yolk), and flavor enhancer (sodium acetate).

DIRECTIONS: Mix **half (1/2) packet** with 8 oz (240 ml) of water. Do not exceed the recommended daily dose. You can take it when you need extra energy or before your workout. Avoid taking it within 6 hours of your usual bedtime.

Nutritional information		
Serving amount: 2.5 g (1/2 packet) • Servings per container: 60		
Amount per daily dose (1/2 packet)		
Calories:	10 kcal	
Protein:	0 g	
Total carbohydrate:	1,55 g	
	of which sugars:	0,08 g
Total fat:	0 g	
Amount per daily dose (1/2 packet)		% RI*
Isomaltulose	660 mg	-
Taurine	250 mg	-
L-glutamine	250 mg	-
Green tea	150 mg	-
Caffeine	15 mg	-
L-arginine	100 mg	-
Yerba Mate	75 mg	-
Caffeine	22,5 mg	-
Guarana	30 mg	-
Caffeine	15 mg	-
Colostrum	17,5 mg	-
Yema de Huevo	7,5 mg	-
RI: Reference Intake		

Low in calories • Non carbonated • Pleasant taste
Easy to prepare • Easy to carry and share



Enjoy a healthy lifestyle with other 4Life products according to your nutritional goal.

ATHLETES: PRO-TF™, Glutamine Prime™, Fibro AMJ™, and Renuvo™.

WEIGHT CONTROL: 4LifeTransform BURN™, Super Detox™, Fibre System Plus™, and Nutrastart™ (as an alternative to a conventional meal).

FOOD SUPPLEMENTATION:

Women: RiteStart™, Belle Vie™ and 4LifeTransform™ Woman.

Men: RiteStart, MalePro™ and 4LifeTransform Man.

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