

### Food supplement with vitamins, minerals and plant extracts for your cardiovascular well-being.

The cardiovascular system is complex and for it to function properly we need our red blood cells\* to adequately transport oxygen, our blood vessels (arteries, veins, and capillaries) to be maintained in good condition, and, finally, our total level of cholesterol —both “good” cholesterol (HDL) and “bad” cholesterol (LDL)— to be balanced.

There are nutrients that directly intervene in the activity of our circulatory system.

#### What does BCV provide us?

Vitamin C contributes to iron absorption and to the normal formation of collagen for the proper function of blood vessels.

Vitamin B6, and vitamin B12 favor the normal formation of red blood cells.

Vitamin A contributes to the normal metabolism of iron.

Copper fosters the normal transport of iron.

Vitamin B6, B9 (folic acid), and vitamin B12 facilitate homocysteine metabolism\*\*.







Selenium, zinc and vitamin E help to protect cells against oxidative stress\*\*\*.

Zinc contributes to the normal metabolism of fatty acids.

Copper, selenium, zinc, folic acid, and vitamins A, B6, B12, and C are beneficial to the normal function of the immune system.



120 CAPSULES • NET WEIGHT: 91 g

<p><b>Supports normal cholesterol levels</b></p> <p>•</p> <p><b>Blood circulation in the legs</b></p>  <p><b>Garlic bulb powder</b> (<i>Allium sativum</i>)</p>	<p><b>Blood circulation</b></p> <p>•</p> <p><b>Blood circulation in the legs</b></p>  <p><b>Hawthorn flower and leaf extract</b> (<i>Crataegus laevigata</i>)</p>	<p><b>Blood circulation</b></p> <p>•</p> <p><b>Vascular health</b></p>  <p><b>Butcher's broom root extract</b> (<i>Ruscus aculeatus</i>)</p>	<p><b>Blood circulation</b></p> <p>•</p> <p><b>Blood circulation in the legs</b></p>  <p><b>Ginkgo biloba leaf extract</b> (<i>Ginkgo biloba L.</i>)</p>	<p><b>Vascular health</b></p> <p>•</p> <p><b>Immune health</b></p>  <p><b>Ginger rhizome ethereal oil</b> (<i>Zingiber officinale Roscoe</i>)</p>	<p><b>Antioxidant properties</b> (it contains resveratrol)</p>  <p><b>Japanese knotweed root extract</b> (<i>Polygonum cuspidatum</i>)</p>
--	--	---	--	--	---

\* Red blood cells contain hemoglobin, a protein rich in iron.

\*\* High homocysteine levels are associated with an increased risk of cardiovascular disease.

\*\*\* Oxidative stress —i.e. the excess of free radicals— are related to damaged arteries, inflammation, etc.

**Warnings: Consult your doctor if you simultaneously take anticoagulant medicines.** Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. KEEP OUT OF REACH OF CHILDREN. Store in a cool and dry place.

**INGREDIENTS:** Magnesium L-lysinate, gelatin, ascorbic acid, garlic (*Allium sativum*), 4Life Transfer Factor™ (egg yolk), hawthorn (*Crataegus laevigata* [Poir.] DC.), potassium citrate, D-alpha-tocopheryl acid succinate, butcher's broom (*Ruscus aculeatus*), zinc gluconate, magnesium L-ascorbate, water, ginkgo biloba (*Ginkgo biloba* L.), beta-carotene, ginger (*Zingiber officinale* Roscoe), nicotinamide, copper glycinate, coenzyme Q10, L-seleniomethionine, polygonum (*Polygonum cuspidatum*), L-ascorbyl 6-palmitate, folic acid, pyridoxine hydrochloride, and cyanocobalamin.

**DIRECTIONS:** Take one (1) capsule daily with 8 oz (240 ml) of fluid.

# I ♥ BCV

### Nutritional information

Daily dose: One (1) capsule

Daily dose per container: 120

Amount per daily dose		% RI*
Vitamin C	50.5 mg	63.1%
Vitamin E	10 mg	83%
Niacin	5 mg	31%
Zinc	2.5 mg	25%
Vitamin B6	0.5 mg	35.7%
Copper	0.5 mg	50%
Vitamin A	185 µg	23%
Folic Acid	120 µg	60%
Selenium	12.5 µg	23%
Vitamin B12	1 µg	40%
Garlic	63.1 mg	-
Egg yolk	50 mg	-
Hawthorn	42.3 mg	-
Butcher's broom	17.5 mg	-
Ginkgo Biloba	8 mg	-
Ginger	6.3 mg	-
Coenzyme Q10	4 mg	-
Polygonum cuspidatum	2.5 mg	-

\*RI: Reference intake



### Supplement a healthy lifestyle with other 4Life products according to your nutritional goal

**ATHLETES:** PRO-TF™, Glutamine Prime™, Energy Go Stix™, Fibro AMJ™, and Renuvo™.

**WEIGHT CONTROL:** 4LifeTransform BURN™, Super Detox™, Fibre System Plus™, and Nutrastart (as an alternative to a conventional meal).

#### FOOD SUPPLEMENTATION:

**Women:** BioEFA™, Belle Vie™, and 4LifeTransform™ Woman.

**Men:** BioEFA, MalePro™, and 4LifeTransform Man.

**Warnings:** Consult your doctor if you simultaneously take anticoagulant medicines. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. KEEP OUT OF REACH OF CHILDREN. Store in a cool and dry place.