

# ENERGY

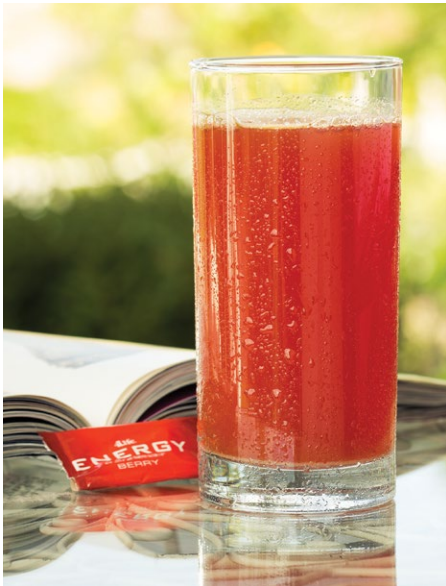
Go Stix™

# BERRY

## ENERGY DRINK WITH AMINO ACIDS

WITH 4LIFE TRANSFER FACTOR™

4LIFE TRANSFER FACTOR REINFORCED WITH CAFFEINE, TAURINE, L-GLUTAMINE AND L-ARGININE TO PREPARE A LOW-CALORIE YET DELICIOUS ENERGY DRINK.



Supplement Facts	
Portion size: 2.5 g (1/2 packet) • Portions per container: 60	
Amount per portion (1/2 packet)	
<b>Calories:</b>	10 kcal
<b>Protein:</b>	0 g
<b>Total Carbohydrate:</b>	1,55 g
Of which Sugar:	0,08 g
<b>Total Fat:</b>	0 g
Amount per portion (1/2 packet)	
	% RI*
Isomaltulose	660 mg -
Taurine	250 mg -
L-Glutamine	250 mg -
Green tea	150 mg -
Caffeine	15 mg -
L-Arginine	100 mg -
Yerba Mate	75 mg -
Caffeine	22,5 mg -
Guarana	30 mg -
Caffeine	15 mg -
Calostro	17,5 mg -
Egg Yolk	7,5 mg -

\*RI: Reference Intakes

### EACH PORTION\* CONTAINS:

- 52,5 mg of caffeine
- 250 mg of taurine
- 250 mg of L-Glutamine
- 10 mg of L-Arginine
- 10 kcal

\* half a packet with 240 ml water.

### DIRECTIONS:



Mix ½ of the packet (2,5 g) in 240 ml of water. Do not exceed the recommended daily dose.

### WHEN TO TAKE ENERGY GO STIX BERRY?

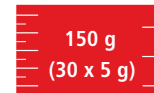
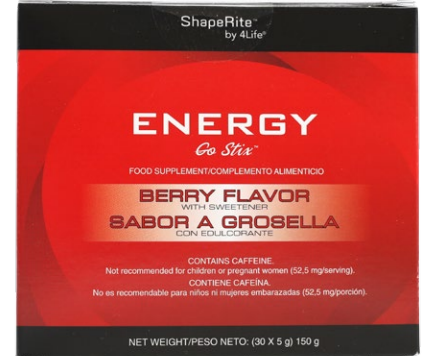
You can take Energy Go Stix Berry before your exercise routine or when you need an extra boost. Avoid taking Energy Go Stix after 6 pm or 6 hours before your usual bedtime.

### REINFORCE YOUR HEALTHY LIFESTYLE

You can combine Energy Go Stix with these products to supplement your diet.

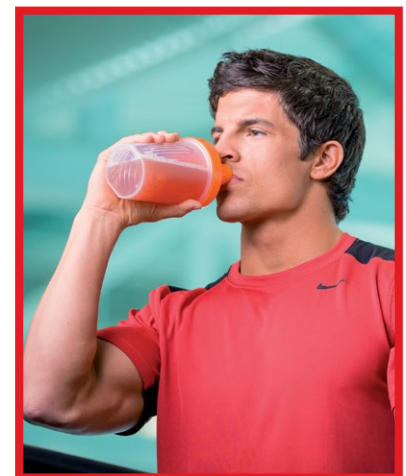
**RioVida Stix™:** Dietary supplement with sweeteners, mineral salts and 4Life Tri-Factor Formula. With this practical packet you will be able to prepare a refreshing drink with mineral salts that help you achieve good hydration during exercise.

**Transfer Factor RENUVO™:** 4Life Transfer Factor combined with ingredients that help protect cells against oxidative damage. Ideal for post-workout.



**INGREDIENTS:** Isomaltulose†, acidity regulator (citric acid), L-glutamine, taurine, raspberry flavour, vanilla flavour, green tea (*Camellia sinensis* L. Kuntze) leaf, L-arginine, strawberry flavour, yerba mate (*Ilex paraguariensis* A. St.-Hil) leaf extract, cranberry flavour, anti-caking agent (silicon dioxide), colorant (red beet), sweetener (sucralose), guarana (*Paullinia cupana* Kunth., Bonpl. et Kunth) seed extract, colorant (beta carotene), 4Life Transfer Factor™ Formula (made from colostrum (milk) and egg yolk), and flavour enhancer (sodium acetate).

† Isomaltulose is a combination of glucose and fructose



**4Life**  
TOGETHER, BUILDING PEOPLE™

High caffeine content. Not recommended for children or pregnant women. 4Life products are not intended for the diagnosis, treatment, cure or prevention of any illness. Food supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle.